#### **Our Team**

#### Eric M Cormier, MSPT,



Eric Cormier, MSPT owned and operated his own physical therapy practice in the greater Bangor area before becoming Director of Physical Therapy at Absolute Physical Therapy. He is a 1996 graduate of

the University of New England with a degree in Rehabilitation Health Science and earned his Masters of Physical Therapy from Husson College in 2000. At present, Eric is pursuing his Doctorate of Physical Therapy degree. He is an adjunct faculty member of Physical Therapy at Husson College and is a member of the APTA. Eric has advanced training in several manual therapy methods as well as spine, shoulder, knee, and cardiac rehabilitation.

#### Susie L Marshall, MSPT,



Susie Marshall, MSPT worked in Rhode Island in an outpatient facility before joining Absolute Physical Therapy. She is a Husson College alumnus with a Masters in Physical Therapy. Susie is a certified PACE

(people with arthritis can exercise) instructor and an APTA clinical instructor. Currently, she is a consultant for the mentally handicapped and a skilled nursing home therapist. She has completed continuing education for myofacial release, Mulligan concepts, and advanced mobilization of the spine.

## **Lindsay Duplisea**



Lindsay Duplisea joined Absolute Physical Therapy in June 2006. She graduated magna cum laude from Husson College in Bangor, ME, where she received her Masters in Physical Therapy. She has advanced

training in spinal manual therapy, sports medicine, prosthetics, and orthotics. Also, she has completed advanced course work involving analysis of gait and biomechanical examination of the lower extremity. Lindsay is currently completing a Doctorate in Physical Therapy.





#### **Conveniently located**

1365 Broadway Bangor, Maine 04401 207-942-2233 Fax 207-262-1130 www.absolutept.net

# **Hours of Operation**

Monday - Friday 8:00 am to 5:00 pm There are some seasonal variations in office hours. Please call for more information.





Minimally Invasive Spine Care
and Physical Therapy
with

Timely Appointments

Cost-Effective Services

**Expert Treatment** 









## **Choose Absolute Physical Therapy**

Absolute Physical Therapy is a leading edge provider of physical therapy that incorporates progressive exercise for strengthening and conditioning with innovative manual therapy. Absolute Physical Therapy is located in Bangor, Maine.



#### **Our Services**

Our services are helpful for many pain and mobility problems such as: Back, neck, arm, leg, hip, shoulder, knee, elbow,

hand, foot, rib, chest, abdominal, pelvic, jaw, head, migraine, fibromyalgia, arthritis, TMJ, neuralgia, repetitive strain, carpal tunnel, tendonitis, RSD, tennis elbow, fasciitis, sports injuries, post surgery recovery and more

# **Advantages of Absolute Physical Therapy**

We pride ourselves in providing one on one care so that every patient feels that all of his or her needs are being met. Most treatment sessions are scheduled for an hour and are with a certified physical therapist not an assistant or an aide.

Since every patient receives a detailed evaluation, each patient receives an individualized treatment program tailored to their needs not the needs of others.

In an attempt to make your recovery from pain and or surgery as comfortable and pleasant as possible, we utilize private treatment rooms. We do not feel that treating several patients at one time lends itself to optimal patient care.

All of our physical therapists are either Masters or Doctorate level therapists trained in the newest methods of patient care.

We offer home visits in the greater Bangor area for patients who are not able to make it to the clinic for reasons such as: too much pain, functional difficulty, or transportation problems.

Unlike most clinics, we offer both pre and post surgery programs. This allows you to optimize your function before surgery and to ask any questions that you may have forgotten or not had the time to ask your physician.



"You can feel yourself gaining strength on the MedX machines. They start you of light. I started on a MedX machine designed especially for the back only. Absolute Physical Therapy is the best thing to do. No surgery, no heavy medications. I'm back to work fulltime and have even taken up bike riding."

- George, East Corinth

We offer free brief assessments by appointment. This affords you the opportunity to determine if our physical therapy program is right for you. This will be helpful for those who have received physical therapy elsewhere without success or are not sure if their condition is appropriate for physical therapy.

Absolute Physical Therapy uses the most advanced computer monitored physical therapy conditioning equipment currently available - Medx, pictured above - which will benefit the patient specific measurement of effort and performance over time and precise targeting of muscular areas needing strengthening.

## When to choose Absolute Physical Therapy

When your doctor gives you a physical therapy referral - As a patient you always have the right to choose where you receive physical therapy.



When you have had physical therapy elsewhere without achieving optimum success. We often see patients that have already received physical therapy services elsewhere, and we are able to deliver the positive outcome that is desired. Since we offer traditional as well as

nontraditional care, we have a wider range of services available than most outpatient physical therapy clinics.

**Before surgery** - We can provide you with an excellent program that will optimize your functioning before surgery, which will reduce your recovery time. During this program, you will also have the opportunity to ask any questions you may have regarding your surgery and after surgery care.

**After surgery** — Our physical therapists are skilled in postsurgical rehabilitation. We will confer with your physician to make certain that you receive the services to meet your individual needs.

#### **Who Would Benefit From Absolute Physical Therapy**

At Absolute Physical Therapy we provide treatment for patients with acute, chronic, pre, and post operative needs.

Absolute Physical Therapy also offers FREE brief assessments to individuals who are not sure if physical therapy is needed or whether or not our services are appropriate for their needs.

For more information about your diagnosis or treatment, visit us on the web at: www.absolutept.net

